



Healthcare can be less complicated.

Introducing your **Medical Ally**—to save time, money and energy.

As part of your benefits program, your **Medical Ally** offers confidential one-on-one support—so you can focus on healing.

Need to quickly access information?

Access our secure online portal.

Prefer to chat with a person, or need extra help?

Your **Medical Ally** is waiting.

Your **Medical Ally** can help you:

- Understand your diagnosis and treatment options
- Find the highest quality providers and treatment facilities
- Get a second opinion
- Prepare for surgery and recovery
- Cope with stress and anxiety

*You are **required** to complete the Surgery Decision Support® (SDS) program if your doctor recommends elective lower back surgery, hip or knee replacement, weight loss surgery, or hysterectomy. A **\$400 penalty** will apply if you do not complete the SDS program at least 30 days before your scheduled surgery. If you participate in the program, you will avoid the \$400 penalty and you may qualify for a **\$400 prepaid card** for completing the program and learning about your options. Call for terms and conditions.*

There's no need to go it alone when you have access to expert medical help. Simply log in to our secure online portal to get started or to connect with your **Medical Ally** for additional help.



VISIT mymedicalally.alight.com

To register, enter company code **SBD**



CALL 888-361-3944

StanleyBlack&Decker

Stanley Black & Decker is pleased to offer this valuable benefit at **no cost** to Cigna medical plan participants and their dependents!