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WELLNESS INCENTIVE BENEFIT

Health Screening Test Incentive Benefit

Cigna Critical Illness Insurance

Your Cigna Critical Illness insurance plan comes with a wellness incentive benefit. This benefit is paid for each covered person who completes at least one health screening test. This benefit is limited to one per year per covered person.

And when you enroll in Cigna medical AND Cigna Supplemental Health insurance, you are automatically eligible for Simple File® Auto Pay. That means Cigna will automatically pay you¹ for taking care of yourself.

To take advantage of your eligible wellness benefit, simply get any recommended health screening test, as specified below, and you could receive \$50 from your Critical Illness plans. There's no paperwork to file and no phone calls to make - it's the continuous connection between your Cigna insurance plans. All you need to do is *watch out for your check*.

Health screening tests

- › Bone marrow testing
- › Breast cancer blood test (CA 15-3)
- › Breast ultrasound
- › Chest x-ray
- › Colon cancer blood test (CEA)
- › Colonoscopy
- › Fasting blood glucose test
- › Flexible sigmoidoscopy
- › Hemocult stool specimen
- › Mammography
- › Myeloma blood test (serum protein electrophoresis)
- › Ovarian cancer blood test (CA125)
- › Pap smear for women over age 18
- › Prostate-specific antigen (for prostate cancer)
- › Serum cholesterol test to determine levels of HDL and LDL
- › Stress test on a bicycle or treadmill
- › Thermography
- › Triglycerides blood test

Benefit exclusions and limitations

Services must be provided under the direction of a physician.

Filing a claim is easy

Complete and file your claim by phone

- › Call **800.754.3207** to speak with one of our dedicated customer service representatives

File your claim online

- › Visit the Cigna website **SuppHealthClaims.com**

Complete and file your claim by fax, email or mail

- › **Download** a Wellness Incentive claim form at **Cigna.com/customerforms**
- › **Fax** documents to our fax line at **1.866.304.3001**
- › **Email** scanned documents to **SuppHealthClaims@Cigna.com**
- › **Mail** documents to **Cigna Supplemental Health Solutions, P.O. Box 188028, Chattanooga, TN 37422**



1. Benefits may be paid directly to you or anyone you designate, such as a hospital, upon assignment.

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Product availability may vary by location, plan type and group size and is subject to change. All group insurance policies and group benefit plans contain exclusions and limitations. Reduction of benefit provisions and terms under which the policy or plan may be continued in force or discontinued may also apply. For costs and complete details of coverage, contact your Cigna representative.

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