Get the most from your plan's coverage.

- One ID card for both your pharmacy and medical needs
- > 24/7 live, personalized customer support
- > Easy access to medications
- One customer-focused team medical, behavioral and pharmacy - working together to help keep you healthy and help you choose and use your health care wisely

The Cigna 90 NowSM program makes it easier to fill the medications you take on a regular basis

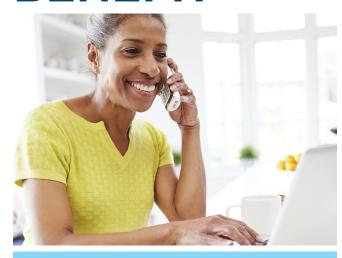
- **> Fill a 90-day supply** at one time so you fill less often.
- **Choose your pharmacy** use select in-network retail pharmacies or Express Scripts Pharmacy®, our home delivery pharmacy.¹
- **Make life easier** by making fewer trips to the pharmacy for refills.
- **Help stay healthy** with a 90-day supply on hand, you're less likely to miss a dose.²

To learn more about the Cigna 90 Now program, go to **Cigna.com/Rx90network**.

To learn more about using Express Scripts Pharmacy, go to **Cigna.com/homedelivery** or go to **my.cigna.com/choosehomedelivery** to switch to home delivery.

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YOUR PHARMACY BENEFIT





CUSTOMER SERVICE

Call the number on your Cigna ID card or 800.Cigna24 (800.244.6224)

HOME DELIVERY

800.835.3784

ACCREDO

877.826.7657

Use the myCigna® App or website.

24/7 access to all you need to know about your coverage

- Manage, track, order and pay for your home delivery prescription orders online¹
- > Find out how much your medication costs
- > See which medications your plan covers
- > Find an in-network pharmacy
- See your pharmacy claims and coverage details

Use Accredo, a Cigna specialty pharmacy, to help manage a complex medical condition.¹

- **> Personal care services** like counseling and help administering your medication
- Specialty-trained pharmacists and nurses available 24/7
- Easily manage and track your medications on your phone or online
- Fast shipping, at no extra cost even for medications that need special handling^{1,3}
- > Refill certain prescriptions by text⁴
- Help with applying for third party copay assistance and other payment options

To learn more, go to Cigna.com/specialty.

- 1. Not all plans offer home delivery and Accredo as a covered pharmacy option. Please log in to the myCigna app or website, or check your plan materials, to learn more about the pharmacies in your plan's network.
- 2. Internal Cigna analysis performed Jan 2019, utilizing 2018 Cigna national book of business average medication adherence (customer adherent > 80% PDC), 90-day supply vs. those who received a 30-day supply taking antidiabetics, RAS antagonist and statins.
- 3. As allowable by law. For medications administered by a health care provider, Accredo will ship the medication directly to your doctor's office.
- 4. The ability to refill prescriptions by text is only available for certain medications. To get text messages, you'll have to sign up for Accredo's texting service. You can do this when you call Accredo to refill your prescription. Once you sign up, simply reply to their welcome text to get started. Standard text messaging rates apply.



Offered by: Cigna Health and Life Insurance Company, or its affiliates.

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